



SERVIZIO SANITARIO REGIONALE  
EMILIA - ROMAGNA  
Istituto Ortopedico Rizzoli di Bologna  
Istituto di Ricerca e Cura a Carattere Scientifico



**Rizzoli Elbow Course  
2nd Edition - 3rd Meeting**

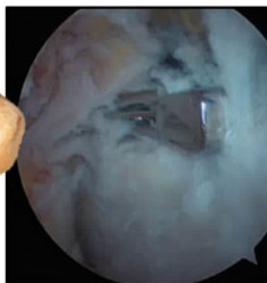
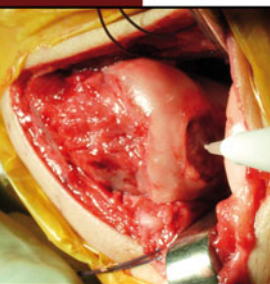
# STIFFNESS & OSTEOCHONDRITIS DISSECANS

**September  
12th, 2017**



**BOLOGNA - ITALY**  
**Rizzoli Institute**  
**Research Center**  
**Codivilla-Putti**  
**Amphitheatre Room**

Via di Barbiano 1/10  
Bologna, Italy



**Under the Auspices:**



**SIOT**  
Società Italiana  
di Ortopedia  
e Traumatologia



**SICSeG**  
Società Italiana di  
Chirurgia della Spalla  
e del Gomito

**Requested Auspices:**



**SECEC - ESSSE**  
Société Européenne  
pour la Chirurgie  
de l'Épaule et du Coude  
European Society  
for Surgery of the  
Shoulder and the Elbow

**Scientific Support:**



**OTODI**  
Ortopedici e  
Traumatologi  
Ospedalieri d'Italia

**Course Director**

**Roberto Rotini, MD**  
Rizzoli Orthopaedic Institute  
Bologna, Italy

**Shawn W. O'Driscoll, MD, PhD**  
Mayo Clinic - Rochester, MN - USA

**www.adarteventi.com**

**Rizzoli Elbow Course**  
**2<sup>nd</sup> Edition - 3<sup>rd</sup> Meeting**



# **STIFFNESS & OSTEOCHONDRITIS DISSECANS**

**September 12<sup>th</sup>, 2017**

## **Scientific Rationale**



The elbow, once a poorly understood and little studied joint is currently attracting great attention from many orthopaedic surgeons interested in understanding the numerous new classifications and surgical techniques.

Since its inception in 2007, the Rizzoli Elbow Course, which has now reached its third meeting of the second session, was intended to deal with the main pathologies of the elbow in an educational, comprehensive and rigorous way, taking advantage of the participation of renowned national and international experts.

The topics that will be covered are elbow stiffness and osteochondritis dissecans of the humeral condyle. The session on elbow stiffness will consider the indications for surgery, arthroscopic and open surgical techniques and finally the post-operative rehabilitation to maintain the range of joint motion obtained in the operating theatre.

As regards osteochondritis dissecans, emphasis will be given to clinical features and imaging findings to reduce the risk of a delayed diagnosis of this infrequent but serious condition that affects the elbow especially in active young people.

The course will include lectures, live surgery and panel discussions among experts. Ample opportunity will be provided for debate and interaction between the audience and the faculty.

The course will end with an interactive learning evaluation and a final discussion useful for filling out the CME questionnaire which, this year, should be completed online within 3 days of the end of the course.

We hope that this edition of the Rizzoli Elbow Course, like the previous ones, will provide a valuable opportunity for dialogue, sharing experience and knowledge within the ever more numerous group of elbow surgery enthusiasts growing within the Italian Society of Surgery of the Shoulder and Elbow.

*The Course Director*  
**Dr. Roberto Rotini**

## **FACULTY:**

**Diego Antonioli**

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**Samuel Antuña**

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**Paolo Arrigoni**

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**Claudio Ascani**

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**Bruno Battiston**

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**Maria Grazia Benedetti**

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**Graziano Bettelli**

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**Davide Blonna**

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**Alessandro Castagna**

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**Filippo Castoldi**

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**Marco Cavallo**

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**Andrea Celli**

---

**Alessandra Colozza**

---

**Maurizio Fontana**

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**Isabella Fusaro**

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**Giuseppe Giannicola**

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**Enrico Guerra**

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**Alessandro Marinelli**

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**Giovanni Merolla**

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**Andrea Miti**

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**Shawn W. O' Driscoll**

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**Luigi Pederzini**

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**Giuseppe Porcellini**

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**Alice Ritali**

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**Paolo Rolla**

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**Roberto Rotini**

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**Claudio Rovesta**

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**Raffaele Russo**

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**Arman Sard**

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**Gabriele Severini**

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**Pierluigi Tos**

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# **STIFFNESS & OSTEOCHONDRITIS DISSECANS**

**September 12<sup>th</sup>, 2017**

## **Programme**



## **STIFFNESS**

08:30  
08:50 Greetings from Authorities

**F. Ubertini** *Bologna University Rector*  
**M. P. Landini** *IOR Scientific Director*  
**M. Cavalli** *IOR General Director*

## **OVERVIEW**

*Moderators:*

**R. Rotini, D. Blonna**

08:50 Classification: Several ways to be stiff  
**A. Marinelli, G. Bettelli**

09:05 Pathogenesis: Why is my elbow stiff?  
**S.W. O' Driscoll**

09:25  
09:35 Discussion

## **SURGICAL TECHNIQUE**

*Moderators:*

**L. Pederzini, A. Colozza**

09:35 Open Arthrolysis: lateral, medial  
**S. Antuña**

09:50 Arthroscopic Arthrolysis: tips, tricks and pitfalls  
**E. Guerra, A. Ritali**

10:05 Stiffness with arthritis and/or joint incongruency:  
the challenge to restore the motion  
**S.W. O' Driscoll**

10:20  
11:00 Discussion

11:00  
11:30 *Coffee break*

## SURGICAL PLANNING

*Moderators:*

**A. Castagna, A. Celli**

11:30 Shawn, how do you plan your surgery?  
**S.W. O'Driscoll**

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11:45 **RECORDED SURGERY:**  
12:30 **ELBOW STIFFNESS RELEASE**

**S.W. O'Driscoll**

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12:30 Surgical cases discussions  
13:00

## REHABILITATION

*Moderators:*

**M.G. Benedetti, G. Severini, I. Fusaro**

13:00 Rehabilitation: what I ask to my patients after surgery  
**S.W. O'Driscoll**

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13:20 Discussion  
13:30

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13:30 **SYMPOSIA**  
14:45

**ROOM A** Updates distal Humeral Fixation:  
Surgical approaches **A. Marinelli**  
Double plating technique **S. O'Driscoll**  
Round Table: *Moderator:* **A. Celli**  
*Participants:* **B. Battiston, G. Bettelli, P. Tos, C. Ascani**

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**ROOM B** Updates in Arthroplasty:  
Surgical Technique in TEA for distal humeral fractures **A. Miti**  
Mid and long term results of Radial Head Prosthesis **R. Rotini**  
Round Table: *Moderator:* **G. Giannicola**  
*Participants:* **S. Antuña, F. Castoldi, A. Sard, R. Russo**  
**C. Rovesta, M. Fontana**

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**ROOM C** Updates in Arthroscopy:  
Arthroscopic technique in articular fractures **E. Guerra**  
Arthroscopic technique in instabilities **G. Porcellini**  
Round Table: *Moderator:* **E. Guerra**  
*Participants:* **A. Colozza, P. Arrigoni, P. Rolla**  
**G. Merolla, L. Pederzini, D. Blonna**  
**A. Castagna**

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*During Symposia, lunch box will be served*

14:45 **ROUND TABLE:**  
15:45 **Elbow stiffness cases**

*Cases presentation:* **R. Rotini**

*Moderators:* **C. Ascani** **A. Miti**  
**B. Battiston** **C. Rovesta**  
**G. Giannicola** **R. Russo**  
**P. Tos**

## **OSTEOCHONDRITIS DISSECANS**

*Moderators:* **D. Antonioli, S. Antuña, F. Castoldi**

15:45 Classification, indication, treatment  
**S. W. O'Driscoll**

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### **SURGICAL TECHNIQUE:**

16:05 Bone marrow stimulation and internal fixation  
**A. Celli**

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16:12 Mosaicplasty  
**L. Pederzini**

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16:19 Rib osteochondral autograft  
**G. Porcellini**

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16:26 Osteochondral scaffold  
**R. Rotini, M. Cavallo**

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16:30  
16:50 Discussion

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*Open coffee during the discussion*

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16:50 **RECORDED SURGERY: OCD**  
17:00 **S.W. O' Driscoll**

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17:00  
17:15 Discussion

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17:15 Interactive learning evaluation with a final discussion  
18:30 useful for filling out the CME questionnaire which should be completed online within 3 days of the end of the course

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18:30 Shuttle bus to Bologna train station

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## SCIENTIFIC INFORMATION

### Language

English and Italian.

Simultaneous Translation will be provided.

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### Attendance Certificate

At the end of the Congress an attendance certificate will be given to all registered participants.

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## GENERAL INFORMATION

### Meeting Venue

Congress Center

Istituto Ortopedico Rizzoli

Via di Barbiano 1/10

40136 Bologna (Italy)



### Registration FEE

Members SICSeG* or SECEC / ESSSE	€ 200,00
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Non Members	€ 250,00
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Registration fees are VAT INCLUDED

**The registration fee covers:** admittance to the scientific session, final programme, access to technical exhibition, refreshments during breaks, lunches.

*\* For Members SICSeG in good standing with the 2016 membership fee, 20% discount on the Non Members fee*

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### How to pay

All payments must be made in **€ (Euro)** only as follows:

- **cheque, eurocheque**, made payable to: Ad Arte Srl - Bologna - Italy
  - **credit card** VISA, EUROCARD, MASTERCARD, AMERICAN EXPRESS - all payments made by credit card will be debited in € (Euro)
  - **cash**
- 

### Registration fees cancellation

As written in the Congress website all cancellations reached after 10/08/2017 or absences disallow a right to refund.

Possible substitutions may be made in writing at any time.

Notification of cancellation or substitutions must be made in written to the Organizing Secretariat.

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### Privacy

According to art. 10/Law 675/96 Ad Arte srl is authorised to use your personal data for purposes connected to Congress management. Ad Arte srl with head offices in Bologna – Via Massimo d’Azeglio 51 - shall be responsible for data processing. Your rights to access your personal details and to supplement, correct and update the same, are guaranteed by art. 7 of Law n. 196/2003.

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**September 12<sup>th</sup>, 2017**



**E.C.M.** Educazione Continua in Medicina  
Commissione Nazionale Formazione Continua

**MED3**

Provider ECM n.34 - [www.med3.it](http://www.med3.it)

**ECM Educazione Continua in Medicina**  
*(for the italian participants only)*

The Course has been designed for orthopedic surgeons and physiatrists and it has been accredited by the Italian Continuing Medical Education for 9 credits.

**UP DATE PROGRAMME  
and REGISTRATION FORM**

**[www.adarteventi.com](http://www.adarteventi.com)**

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**Segreteria Organizzativa**

**AdArte**  
E V E N T I

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